# Cheat Lake Park & Trail 5K Run/Walk Saturday May 26, 2012 Registration & Waiver Form

Race day registration: 7:00 to 7:30 AM Run race time 8:00 AM Walk race time 8:05 AM

### Make checks payable to: CLEAR Mail to: Linda Bise – Cheat Lake Park & Trail 5K 355 Lake Lynn Road Lake Lynn PA 15451 Contact Information: Linda Bise - la.bise.fitness@gmail.com Location of race: Cheat Lake Park & Trail, Morgans Run Road – Walking/BikingTrail

#### Please complete entire form. List only one person per entry form, please.

Name		
Address		
City, State & Zip		
Email address:	Cell #:	

\_\_Yes! I am interested in a one year FREE membership to CLEAR (Cheat Lake Environment and Recreation Association). *CLEAR brochures are available*.

#### Awards:

Trophy for overall male & female in the run. Trophy for overall male & female in the walk. Medals for top 3 in each age group in the run & Medals for top 2 in each age group in the walk.

# <u>Runners & Walkers Age Groups</u>: \*Male & female 14 & under; male & female 15 to 19. Male & female 20 to 29; male & female 30 to 39; male & female 40 to 49; male & female 50 to 59; male & female 60 to 69; male & female 70 to 79).

**\_\_\_\_5K run** - \$15.00 early registration deadline: May 12<sup>th</sup>. \$20.00 after deadline & on registration day.

\_\_\_\_5K walk - \$15.00 early registration deadline: May 12<sup>th</sup>. \$20.00 after deadline & on registration day.

# Water bottles will be provided to all early registrations. Bottles only available for race day registration as supplies last.

Age of participant \_\_\_\_\_

**WAIVER:** I do hereby release, and agree to hold harmless all volunteers, workers and other sponsors of this event from any liability for injury to persons or property suffered in connection with this event. I certify I am physically fit for this event, and I am aware that as with any physical event, there is possibility of accidental injury. This release is binding upon my heirs, executors, and administrators.

## Signature of adult participant

\*Applications for minors are accepted only with a parent/guardian signature.

Signature of minor

Signature of Parent/Guardian	if under 18 yrs
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